

# DETROIT

# NATIVE SUN

## Love...Pure & Simple

By Evelyn M. Bingham  
SUN COLUMNIST & POET

I have enjoyed writing for The Detroit Native Sun Newspaper immensely, for nearly 20 years. Thanks to Valerie Lockhart, who is providing this invaluable community service of journalistic excellence to her readers. Without her, it would not exist.

Along with writing articles, I have been writing inspired poetry since 1997, resulting from me being an attendee at a Women's Spiritual Retreat of 15 women from varying backgrounds in Monroe, Michigan.

These writings have been blessings to me, and I have been told they have cre-

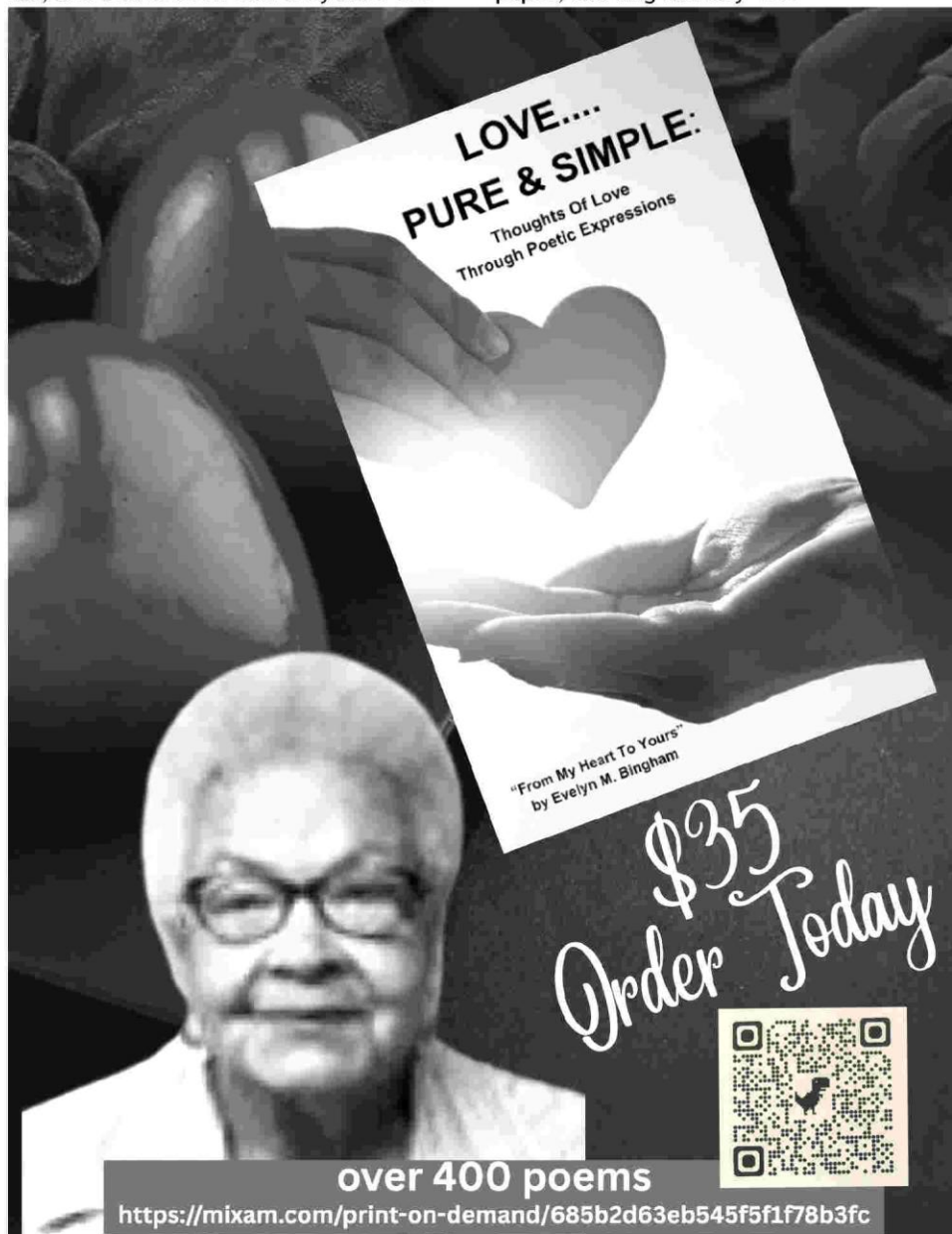
ated inspiration, encouragement, and joy to many others. If so, then to God be the glory!

Therefore, it is with great pride that I announced the launching of my new book, "Love... Pure & Simple", during the weekend of July 18, 19 & 20, 2025 at The Embassy Suites Hotel, Livonia, Michigan.

Its contents, in excess of 400 poems, expressing the topics of Love... Pure & Simple.

I hope that as you read through the book, you will find nuggets of gold to enrich your memory bank.

Look for some of "Love...Pure & Simple" poetry, here at The Native Sun Newspaper, starting January '26.



**LOVE... PURE & SIMPLE:**  
Thoughts Of Love  
Through Poetic Expressions

By Evelyn M. Bingham

**\$35**  
*Order Today*

over 400 poems  
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## "Dreams" - A Journey into the Subconscious

By Evangelist B. Colbert Brooks  
SUN COLUMNIST



Dreaming is defined as a form of mental activity that occurs during sleep, categorized by scientists as perceptual (*things that are seen*) as opposed to conceptual (*things that are thought*).

It is believed that during the dream state there is a considerable amount of emotion present, such as fear, anger, or joy. There is also generally visual presence, including hearing, touch, taste, smell, and sometimes even pain.

Scientific research clarifies that there are two states of sleep. Firstly, S-synchronized sleep or N.R.E.M. sleep (non-rapid eye movement sleep), which occupies most of the sleep period and is associated with a relatively low pulse and blood pressure and few or no reports of dreaming. Secondly, D-sleep or REM sleep or dreaming, which occurs during the sleep period and is identified by rapid eye movements and frequent reports of dreams. A person typically experiences four or five periods of dreaming sleep during the night at 90-minute intervals and constitutes about 25% of the night's sleep.

Dream meanings have been interpreted by ancient cultures as spiritual and a means of foretelling the future. Some modern researchers believe that dreams have no inherent meaning but are simply a process by which the brain transfers new information into memories. Other researchers believe that dreams contain real meaning symbolized in a picture language, distinct from the conscious, logical thought. Psychiatrists and therapists often utilize dreams as a form of clinical treatment to uncover covert desires, fears, concerns and worries of the dreamer undetectable during the conscious state.

Whatever the psychological, scientific, or philosophical interpretation of dreams and the dream state, we can rest assured that it is a "state" congenitally contrived by the Lord Almighty. It does not require extensive research to determine that dreams occur in an unconscious state and generally involve our past present or future. Depending on our own state of conscious affairs, dreams can range from a pleasant, utopian-like experience, to a riveting, unsettling nightmarish journey. Theologians often advocate that the unconscious dream state is the devil's playground and that Satan utilizes this opportunity of sleeping helplessness to provoke negative memories or revive that which has been dead and buried by the unconscious mind.

However, God has spoken on this issue with repeated documentation in biblical history proving that He often uses the sleeping state as a dream tapestry to speak to the subconscious mind and spirit. While vulnerable and uninhibited, God will speak into the spirit a vision, a divine mission, or even a revelation that the conscious mind would not perceive. His Word documents numerous accounts of miracles that manifested energized by the native's subconscious journey into a dream.

Biblical patriarchs such as Joseph, Daniel, Jeremiah and Job all attest to the compelling power of the dream, from visionary to instructional, to assurance to pronouncement of God's sovereignty in the lives of His creation. He alone as the Creator designed dreams to serve as a canvas for the subconscious mind to take on a life of its own to be used for His good and the good of those who love Him.

As such, it is good to rule on the side of the spiritual and embrace the sleeping state as a divinely designed vehicle for God to speak to His creation. And with that always remember that all things are made by Him and rest assured that whatever state we are in, awake or sleep, God is always with us.

*"Now I lay me down to sleep... I pray the Lord my soul to keep."*

## Embracing the Goddess Within: You have power over your mind

By Goddess Godis AKA Aldonna Smith  
SUN COLUMNIST



Be made new by the renewing of your mind. Real change happens from the inside out, not the outside in. Your mind controls how you respond, act and feel. The higher and more elevated

your thoughts, the higher your vibration and frequency.

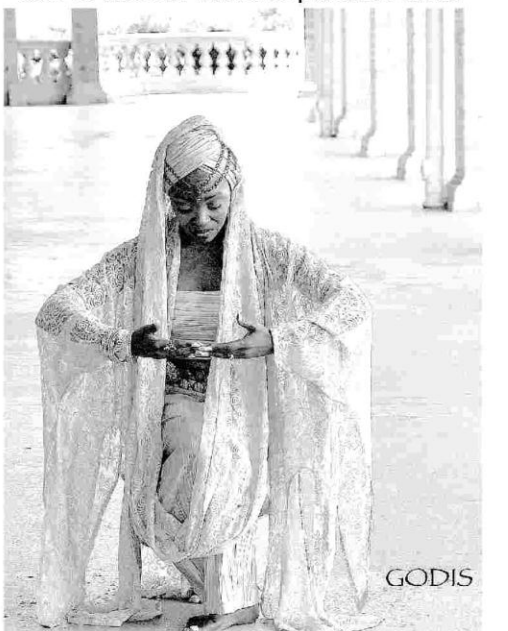
Your thoughts create. Your thoughts are magnetic. Your thoughts have molded and shaped who are and will determine who and what you will become. Your thoughts dictate your experiences. Your thoughts determine your capabilities in life and the quality of your existence.

The good news is that you have power over your mind. You have the power to choose the thoughts that you give life and power to. Your mind is like a muscle. You can train it to think positive. You can train your mind through the guidance of the Holy Spirit, the voice of God within you to align you with the thoughts, power, will and mind of God. Through the daily practice of self awareness, you can become aware of yourself, having a thought that dims your light or takes you to a very dark place. Ask the Holy Spirit to give you a higher thought, to give you a new way of thinking and seeing. Replace that negative thought with a positive thought. As you do this, you are training your mind to stay in the light.

You are being made new by the renewing of your mind. The battle of dark and

light is fought in the minds of man. The battle is won once we completely align and only give power to our God mind.

Goddess GODIS is a spiritual artist that uses her gifts as a photographer, garment designer, writer, and speaker to celebrate document and inspire the awakening of the Goddess within women. A Goddess is a woman who knows that she is a daughter of God and is choosing to be a light in the world - a place where divine love, peace, and wisdom can flow. If you are interested in attending a circle, email GoddessGODIS@yahoo.com. Goddess is the author of the BOOK OF WISDOM and You are Energy The Power Within. If you interested in purchasing a book, e-mail Goddess to find out where to purchase them.



## Preserving Black Churches in the community

PRNewswire/ -- The African American Cultural Heritage Action Fund at the National Trust for Historic Preservation is pleased to announce that the application period is now open for its Preserving Black Churches grant program, a \$60 million national initiative dedicated to uplifting historically Black churches and the communities that preserve them.

This program provides vital financial support to historically Black churches or congregations that steward sites of profound significance of Black history. Grants ranging from \$50,000 to \$500,000 are available to help recipients reimagine, redesign and strengthen their historic preservation efforts.

Established in 2023, the Preserving Black Churches program has grown into a cornerstone of the Action Fund's mission. In 2025 alone, the Action Fund awarded \$8.5 million in grants to 30 historic Black churches across 19 states - from rural towns to major cities. Since its inception, the program has invested \$19.5 million in 108 historic Black churches, spanning from Alaska to Florida.

Eligibility is limited to entities that preserve sites of historical significance of Af-

rican American heritage. This includes historically Black churches - typically an active congregation with a historic building at least 50 years old (or 35 if

of exceptional significance) - that were constructed or used by historically Black congregations or designed by Black architects/builders. In addition, historically Black churches repurposed for arts and cultural programming are eligible. Interested applicants must submit a full application through the Action Fund and National Trust's online grant application system.

In 2025, the Action Fund's National Grant Program has awarded \$13.5 million to support 56 sites across the nation. We're proving that Black history is not just worth preserving, it's worth investing in.

If you are interested in learning more, we encourage you to view a pre-recorded applicant information session or register to attend the upcoming Q/A webinar on August 14th at 7PM EST. The session will provide guidance on eligibility, application requirements, and funding priorities.

For More Information, visit <https://savingplaces.org/black-churches>.



**New Bethel Baptist Church**  
Detroit, Michigan